



Physical Development

	Autumn Term		Spring Term		Summer Term	
Year 1	Fundamental Movements	Tactics and Strategies	Attack & Defend	Sending & Receiving	Gymnastics Athletics	Dance Competitive Games
Year 2	Fundamental Movements Gymnastics	Tactics & Strategies	Attack & Defend	Sending & Receiving	Athletics	Dance Competitive Games
Year 3	Fundamental Movements	Tactics & Strategies	Attack and Defend	Sending & Receiving	Athletics Gymnastics	Dance Striking and Fielding
Year 4	Fundamental Movements	Tactics & Strategies	Attack and Defend Gymnastics	Send & Receiving Dance	OAA	Athletics Striking & Fielding
Year 5	Fundamental Movements	Tactics & Strategies	Attack and Defend Gymnastics	Send & Receiving Dance	OAA Striking & Fielding	Athletics Paralympics
Year 6	Fundamental Movements Gymnastics	Tactics & Strategies Dance	Attack and Defend	Sending & Receiving	OAA	Athletics Striking & Fielding