



Bishop Bridgeman C.E. Primary School

Part of Archbishop Temple Multi Academy Trust

We Work, We Play, We Care, We Pray

“Love God, Love Yourself, Love Your Neighbour” Luke 10:27

P.E CURRICULUM POLICY

At Bishop Bridgeman, we give our children the very best. Through a broad, balanced, supportive and purposeful curriculum linked with National Curriculum objectives, we strive to ensure that all our pupils are able to succeed and find their unique talents and strengths. Our staff are committed to developing a love of learning, whilst developing the knowledge and skills to support the all-round development of every pupil.

INTENT

At Bishop Bridgeman, we provide children with a broad and balanced physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We adopt the head, hand and heart approach to ensure that the psychomotor, cognitive, and social and emotional elements of the curriculum. We celebrate children's success in sport and provide opportunities for children to challenge themselves and be competitive as part of a group and team. P.E provides children with opportunities to compete against each other and develop confidence regardless of their level.

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. The curriculum aims of P.E are to ensure that all pupils are physically active for sustained periods of time and lead healthy, active lives. Children from nursery to Year 6 follow the key PE skills progression document with delivery supported by a coach.

The vast majority of pupils at Bishop Bridgeman enter school below typical age related expectations and not all have opportunities to participate in sports outside of school. We strive to ensure that all children have ambition instilled into their learning, allowing them to believe that they can achieve in the future. P.E demonstrates to children how to live an active and healthy lifestyle which influences their life-style choices for the future.

PURPOSE

P.E provides opportunities for pupils:

- To develop competence to excel in a broad range of physical activities
- To be physically active for sustained periods of time
- To engage in competitive sports and activities
- To lead healthy, active lives.



Bishop Bridgeman C.E. Primary School

Part of Archbishop Temple Multi Academy Trust

We Work, We Play, We Care, We Pray

“Love God, Love Yourself, Love Your Neighbour” Luke 10:27

IMPLEMENTATION

Creative and challenging lessons ensure that children’s skills will develop equally following the national curriculum. Subject vocabulary is modelled and confidently used by children and applied to different contexts. Cross-curricular links are made with other subjects to ensure that children are active throughout the school day. Challenging activities in P.E. are based on progressive learning objectives which develop children’s agility, balance and coordination. Dance is delivered as part of the curriculum. This provides opportunities to perform dances and develop a range of movement patterns.

Lessons give children a wide range of fun and competitive activities where children develop core skills such as running, jumping, throwing and catching. Children in Key Stage 2 will also have the opportunity to participate in ‘Outdoor and Adventurous Activities’ which can be applied in their outside lives. We provide children with opportunities to participate in game situations, developing skills both as an individual and as a member of a team. There are also opportunities for children to compete against their peers and beat their personal best. P.E coaches are used to deliver P.E as PPA and to provide additional CPD opportunities to teachers.

Sport Premium is used to provide a gymnastic and dance specialist teacher who enhances the national curriculum, providing teachers with CPD opportunities and additional support in how to both scaffold learning and challenge all pupils.

Bishop Bridgeman is part of the Essa Academy cluster competition framework and Your School Games, in which children from Bishop Bridgeman can participate in tournaments and competitions against other local schools. This gives pupils across both KS1 and KS2 the opportunities to develop a variety of skills such as team work, respect and tolerance. This promotes the school vision of “love God, love yourself, love your neighbour.” This allows pupils to experience the emotion of sport evoked through success and failure and gain an understanding of what sportsmanship means.

Children in Key Stage 2 have swimming lessons where they are taught to swim competently, confidently and proficiently over a distance of at least 25 metres. Children should be able to use a range of strokes effectively, for example, front crawl, backstroke and breaststroke. They should be able to perform safe self-rescue in different water-based situations.

Quality and skilled teachers are essential to delivering an engaging, challenging and quality curriculum. Sport premium has been used to provide teachers with a wide range of CPD opportunities delivered by Key P.E to ensure they are able to confidently deliver and assess the P.E curriculum, catering for the individual needs of all pupils.



Bishop Bridgeman C.E. Primary School

Part of Archbishop Temple Multi Academy Trust

We Work, We Play, We Care, We Pray

“Love God, Love Yourself, Love Your Neighbour” Luke 10:27

At Bishop Bridgeman, a Key P.E sports coach provides additional opportunities to be active. Sports leaders set up activities that run during the lunch hour which, along with

daily mile activities, reinforce the importance of a healthy and active lifestyle. Sport premium is also used to provide children with a range of exciting after school and lunch clubs in which they can further develop their P.E skills. Breakfast club also provides additional opportunities to be active in the school day with a range of activities to challenge and promote an active lifestyle.

When planning P.E lessons, teachers take into account the needs of all pupils in terms of all abilities and stages of development. The Key P.E Sports scheme of work is used by all staff to ensure progression across year groups and provide staff with objectives to assess children against. Teachers use knowledge organisers for each unit that is delivered with vocabulary that is included in the unit. These plans are adapted as necessary to meet the needs of individual pupils, particularly those with SEND. Assessment is ongoing with teachers observing children and adapting their future lessons in order to support their development. Assessments are recorded on insight and updated each term to ensure all skills are checked.

We plan P.E activities so that they build upon the prior learning of the children following the skills progression. The curriculum is based on developing key skills which can be applied to a range of different sports. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is planned progression built into the scheme of work, so that the children are increasingly challenged as they move up through the school.

IMPACT

The teaching of P.E plays a significant role in improving children’s confidence and self-esteem and promotes an active and healthy lifestyle. Children enjoy challenging themselves, competing against each other and experiencing new sports. Children have self-belief and enjoy succeeding in a variety of sports.

Prepared by: K Breingan

Reviewed: January 2024

Next review date: January 2025